



## Experience in Setting up Associations and Taking on Tasks

In the course of 2019, based on the experiences made in previous years with other associations, the not easy decision matured to establish our own association. Quite quickly, some like-minded people who had similar unpleasant experiences with various associations got together. These people from different countries undertook the task of getting together and tackling the extensive work of planning and implementing a new association. In the past three years, this has led to a wide range of experience and valuable insights in the human sector in dealing with and with each other. Basically, it is the same repetitive appearances over and over again.

This article primarily serves to analyse the experiences made with various associations in the human sector over more than 50 years. It is common knowledge that people and their characteristics are diverse and different. But you always get surprises and sometimes quite unexpected ones.

As it is always the case with start-ups or new beginnings, a euphoric cloud hovers over the whole campaign, coupled with a large proportion of optimism for the undertaking, for the success of which everyone enthusiastically teamed up. A distinction is made between those involved in such actions in different groups.

- the visionaries
- the carriers of knowledge and experience
- the makers
- the executors
- the followers and free riders
- the beneficiaries
- the demanding ones
- the self-promoters
- the dogmatists

They often overlap each other.

**The visionaries:** These are those who have an idea, a vision, and the realization of the planned action.

**The carriers of knowledge and experience:** You will be required to lay the foundation for an existing vision for the association by defining it accordingly.

**The makers:** These are those who, according to the specifications, make and push the whole undertaking towards the final success, drive it and end it successfully.

**The executors** who take over and complete individual tasks. As with any larger project, the tasks to be completed must be divided into subtasks, which must then be processed and successfully completed by the respective competent persons. Without their dedicated work, there would not be any success and the whole campaign would ultimately fall by the wayside.

**The followers and free riders:** They swim along with the actions, add their two cents here and there without really making a crucial contribution to the success of the event. They make up the bulk of the members of any organisation.





**The beneficiaries:** These are the ones who only want to benefit from the result of the actions, but often do not make contributions.

**The demanding ones:** These persons demand everything possible often without contributing to the overall goals.

**The self-promoters:** They regard the whole event only as a stage for their exaggerated self-expression and like to adorn themselves with fancy plumes without having brought anything really significant to the organisation.

**The dogmatist:** These persons are no longer concerned with the success of the actual organisation, but only want to push through their supposedly correct view of what is happening at any price against all reason in useless discussions.

### **Generally observed appearances in association activities**

In all of this, it should not be forgotten that the activities are usually carried out and exercised on a voluntary basis by all those involved. This requires considerable motivation and commitment on the part of everyone involved.

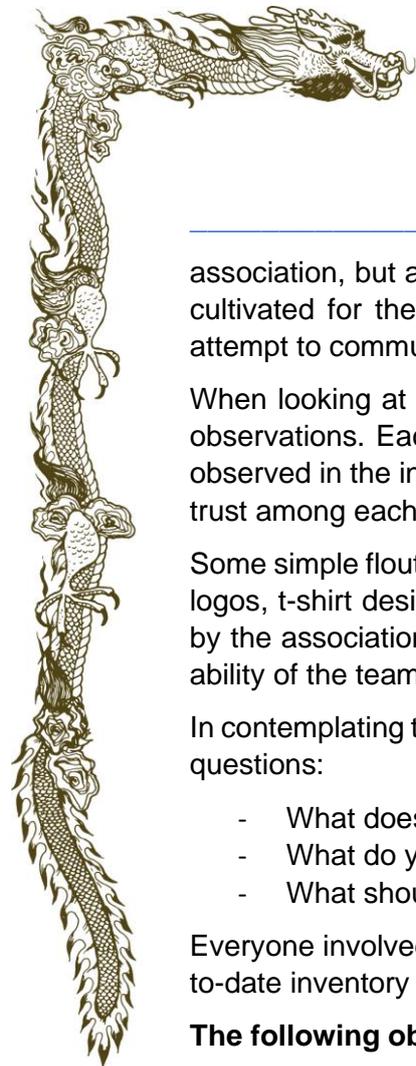
The responsibility of taking on offices and tasks and the amount of work required should not be underestimated. Unfortunately, these are not always acknowledged accordingly, but are often simply taken for granted. The value of such voluntary commitment should not be underestimated. Without this commitment, many projects would not be brought to a successful conclusion.

In such actions, one often encounters people who only contribute what they consider absolutely necessary, but which is basically not nearly enough to successfully advance the action that has been started. These individuals prefer to let others do the work that is tiresome and remain discreetly in the background during the work-intensive time. This is acceptable, but not if they then push themselves to the fore after the work is done and reap the success of others for themselves.

There are also those who practice too much or excessive activism in their zeal and enthusiasm for the cause. They shower the other participants with a flood of ideas and suggestions, partly already been done without prior consultation and then present the others with a fait accompli. Of course, this often creates unnecessary resentment and a loss of trust among the other parties involved. In their missionary zeal, with all their other positive contributions, they can offend others. With this approach, many originally promising projects have failed prematurely.

Now there are also people that take on tasks or even grab them and then they do not complete them successfully. These individuals might be over-whelmed by a lack of knowledge, skills, experience or simply ability. Unfortunately, they don't want to admit it to themselves either. This inevitably means that either the tasks are not completed, or their results are only handed over half-finished or incomplete. With this unfortunate course of action, they endanger the success of the campaign and can often negate the valuable contributions of others to the overall event.

Other important points that should not be underestimated are correct communication with each other and mutual manners with and among one another. How often do you experience that there is no response or call back to an inquiry. Additionally, written text can often be interpreted differently due to differences in language and the mood of the sender and recipient. With verbal clarification, it is easier and quicker to have a common understanding of the same thing. It is also useful to observe certain norms of courtesy when dealing with one another. It's easy to inadvertently offend someone, and the damage caused is often difficult to repair. Trust that is carelessly lost is difficult to rebuild. This is precisely what is so important in non-profit cooperation. This applies not only within an



association, but also when dealing with other associations. Appropriate manners should always be cultivated for the benefit of the cause. These manners should include responding to those that attempt to communicate in a timely way.

When looking at and analysing the currently ruling spirit in an association, one can make various observations. Each association has its own rules of a general and specific nature, which must be observed in the interest of what is happening within the association, as well as to strengthen mutual trust among each other. To bypass these rules can lead to ugly arguments and hurt feelings.

Some simple flout established commonalities and rules, such as common flag arrangement, badges, logos, t-shirt designs, standards, make up their own rules of procedure, etc. The rules established by the association are for all of us to work together and those doing their own thing jeopardize the ability of the team to function.

In contemplating the origin of founding an association, you should seriously ask yourself the following questions:

- What does one and each individual actually envision when founding an association?
- What do you and the individual really want to achieve by founding an association?
- What should actually be achieved?

Everyone involved should ask themselves these questions from time to time, and thus make an up-to-date inventory for themselves.

#### **The following observations can be made repeatedly**

There are people who do their jobs quietly and reliably without much publicity or unnecessary self-portrayal. In contrast, there are steam bubble chatterers and self-promoters who have all sorts of ideas but ultimately get nothing done. And there are those who want to get into any positions early on without having the performance or skills to function in the role.

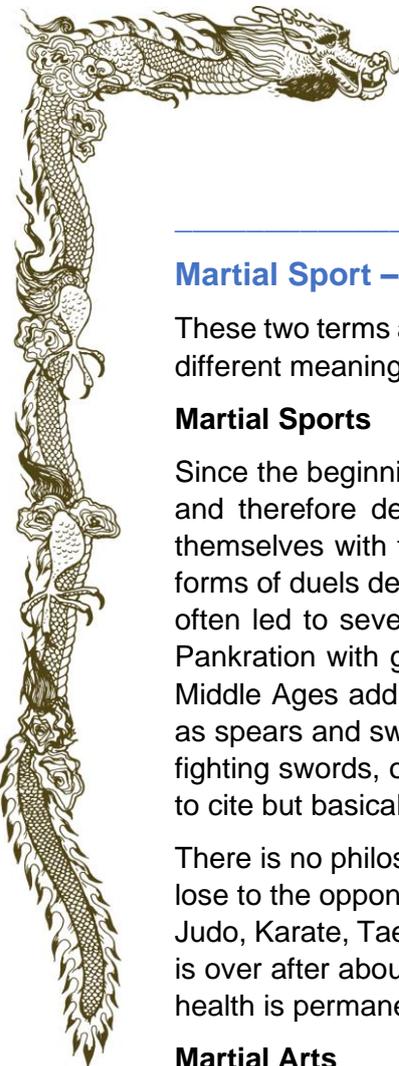
There are dangerous politicians, who actually have no interest in the matter, but want to let off steam with harmful lusts for power on the backs of others and to the detriment of the newly founded association.

Another type of person is unreliable only feigning interest and doesn't contribute anything of substance to what's happening and/or never complete their tasks on time and without warning.

It is clear from this discussion, that achieving the best association involves working with many different personalities and ambitions. The most important thing in moving forward with a non-profit organisation is to suppress one's ego. This is important to bring the action forward with the help of the necessary motivation and ultimately make the whole thing a success for everyone involved. This also requires a great deal of empathy, understanding of the concerns of the other side, and on the other hand a certain amount of the necessary decision-making and assertiveness. Not only is the power of persuasion necessary, but also the need to make difficult decisions in the interests of the association. Here it is modified succinctly, the means serve/sanctify the end.

Tang Soo!

Sah Bum Nim Klaus Trogemann, Germany



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## **Martial Sport – Martial Arts**

These two terms are often used equally, although they should actually be separated because of their different meanings. This is an attempted to make the difference easier to understand.

### **Martial Sports**

Since the beginning, humans were forced to defend themselves against attacks in many situations, and therefore developed techniques that enabled them, in life and death situations, to defend themselves with their bare hands and feet. Weapons were added later. In ancient times, different forms of duels developed, in which one could compete against each other with hands and feet. This often led to severe injuries or even had in a fatal outcome. Examples include the Greek fistfight Pankration with gloves, the Greek- Roman wrestling only with arms, derived from this later in the Middle Ages additionally with the legs, the freestyle wrestling. The same applies to weapons such as spears and swords as used by the gladiators in Roman times, or in the Middle Ages the knights' fighting swords, or fencing in the Renaissance with sword and foil. There are many more examples to cite but basically it is about the more or less fair duel against each other.

There is no philosophical underpinning for the meaning of the execution. The main thing is to win or lose to the opponent. That is the whole point of the exercise. Examples of today are competitions in Judo, Karate, Tae Kwon Do, boxing, wrestling or kick boxing. As soon as the active competition time is over after about a decade, there is not much left. The fame fades, the trophies rust and often the health is permanently damaged. So, if there is nothing else left, then that was all.

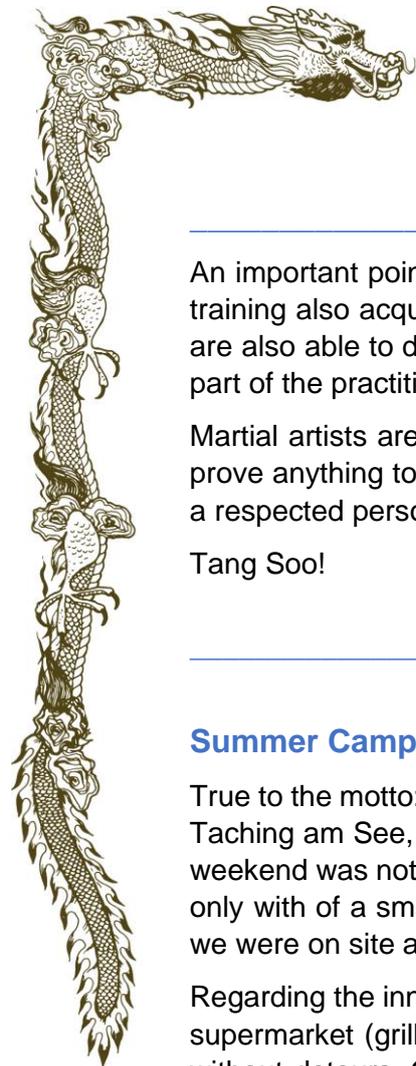
### **Martial Arts**

In the traditional martial art, the character of a person should be trained and shaped, through rigorous physical training of techniques and forms. As the ending in Tang Soo Do, Karate Do, Judo, Aikido in their original classical forms, 'Do' is a way of life. Martial artists train themselves permanently, to develop their personality, to be healthy, to become or remain (self-)confident and thus also satisfied with oneself. This is where the Far Eastern philosophy comes in e.g., as in the teachings of Lao Tze, Confucius and Buddhism presented and have been peacefully practiced for thousands of years.



From a comparison you can understand how this is meant. In the old craft apprenticeship there was the apprentice, the journeyman, and the master. After completing the apprenticeship, the apprentice went on a journey as a journeyman, to expand knowledge and skills with other masters and to constantly learn more. After years of wandering and learning, he returned and presented his acquired knowledge and skills to a competent committee - his master craftsman's examination. This was not the end of the journey, but the learning continued. Those who were not satisfied with their status, continued developing their mastery to an art. Over the years, the master became an esteemed and respected artists in his field. As the term 'Way of Life' suggests, you learn for a lifetime, and you never stop learning.

It is also important to understand this chosen lifestyle, that the martial artist transforms aggressive forms of behaviour into peaceful behaviour. The martial artist becomes a valuable and respected individual for society, who contributes for the benefit and advantage of a positive society.



An important point in the whole thing is that the martial arts practitioners through years of rigorous training also acquire physical skills that lead them to exceptional physical performance. Thus, they are also able to defend themselves and others efficiently if it absolutely cannot be avoided. A large part of the practitioner's art is reflected in the execution of the Hyungs (forms).

Martial artists are always modest, courteous and helpful in their appearance. They do not have to prove anything to themselves or to others. At the end of their career, they can quietly step down as a respected personality.

Tang Soo!

Sah Bum Nim Klaus Trogemann, Germany

## NEWS AND EVENTS

### Summer Camp Kirchdorf am Inn

True to the motto: The king is dead! – Long live the king! the summer camp no longer takes place in Taching am See, but in Kirchdorf am Inn. As it is usually the case for this clinic, the Ascension Day weekend was not used this time, so the lack of a holiday led unfortunately to the fact that we arrived only with of a smaller group from the far north of the Lower Rhine. Nevertheless, after eight hours we were on site and could immediately mingle with the people who had arrived expectantly.

Regarding the innovations, it should be said that the gym was very well chosen, the footpaths to the supermarket (grilled meat is a relevant factor!), hotel, gym and barbecue area could be mastered without detours. Only the lake is a bit off the track, which is unusual for a hitherto lake camper in Taching.

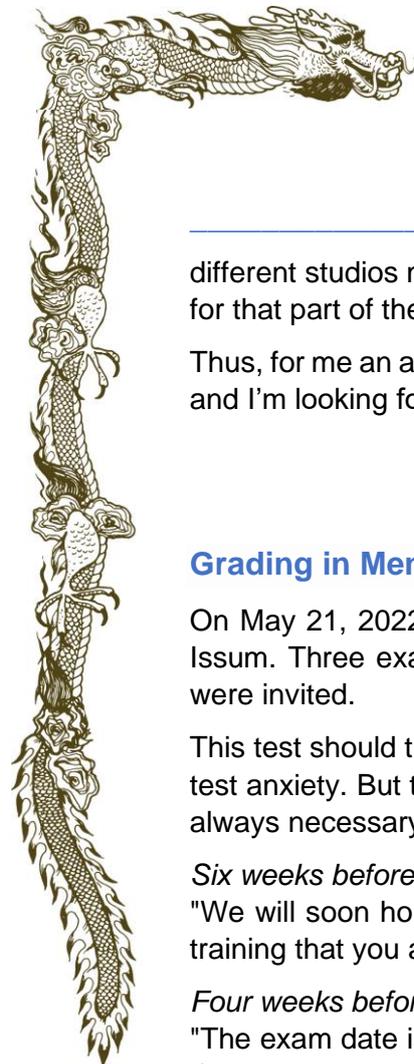
The clinic was well organized, the course units varied. Beside the well-known Hyungs we also practiced the new Hyungs, this time with the drum. After the initial chaos, however, we could agree on a rhythm and also got new information about the forms.



Without wanting to go into individual contents, this shows the value of each (multi-day) clinic attended. You can never learn everything that has been said on a clinic, but you can learn parts of it and practice in your home Dojang. This way, each clinic will gradually become a further part, which composes over a period an overall picture.

The exchange with other studios is another reason to take the long journey, as you not only see well-known faces, but also get lot of other ideas. Not everyone can attend every course, but if you look at the experience lots of different things were shown in a specific way and also explained during the clinic, so you can also close gaps that you will inevitably have. Once arrived back home, you can share this information and so over time a wealth of knowledge can grow.

After all the training for body and mind, the evening barbecue should be emphasized. Despite an often-mentioned society where the weakest go to the wall, especially in Tang Soo Do a different picture prevails. No grilled meat is stolen, grill tongs are shared and in the case of the own absence, in wise foresight meat is turned, which would otherwise have been burned. The participants of



different studios mix on the beer tent sets and you notice that you made the journey especially also for that part of the clinic.

Thus, for me an all-round successful event, which hopefully takes place soon again (with the holiday) and I'm looking forward to next year when there will be a barbecue again in this sunny weather!

Stefan Walter, E Dan, TSD Menzelen/Germany

### Grading in Menzelen

On May 21, 2022, a Gup exam took place in Menzelen, which was held in cooperation with TSD Issum. Three examinees from Menzelen (all 10th Gup) and one examinee from Issum (9th Gup) were invited.

This test should turn out to be a bit more difficult in advance, since one examinee had an increased test anxiety. But that is exactly where the instructor should be looking for a conversation, since it is always necessary to overcome a certain amount of anxiety in order to take part in an examination.

#### *Six weeks before*

"We will soon hold an exam, and you (pointing fingers to the aspirants) have shown through your training that you are ready!" - The face turns red.

#### *Four weeks before*

"The exam date is approaching. You train hard. You continue to make progress." - "It's perfectly ok if you do the exam without me, I don't even need it!"

#### *Two weeks before*

"We don't have much time left, but I know you're going to have a great exam!" - "I'm sick that day!"

#### *One week before*

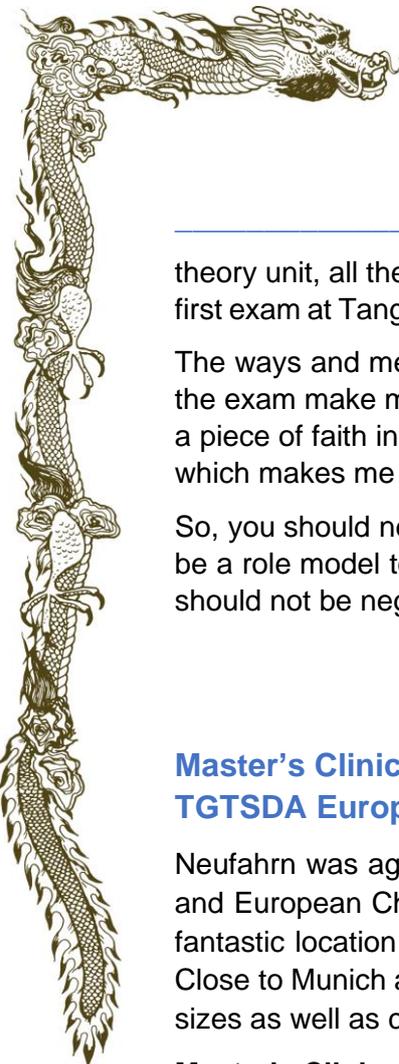
"I've noticed that 'some' of us doubt their abilities a little. "You" must believe in "yourself"! If you can't do that right now, then I believe in you and that you can do it. I want to see you all in the test, we don't leave anyone hanging, and if "you" need help, you will get it!" - It's getting serious!

#### *Day of examination*

Further persuasion of many members of the club was necessary, but eventually all examinees found themselves in the gym on the Bönninghardt. Three tense and one doubtful face looked at the examination board of six Dan bearers.

After a short discussion of the examination committee the exam - the "Special Training on Saturday" - started with some warm-up exercises. After the first hand techniques the kicking techniques followed. The first tension evaporated and even with smaller wobbles here and there, the faces of the students brightened during the Hyungs. Then the Il Soo Sik and Ho Sin Sul were shown without problems. As the final physical part, the breaking test came into play, where the newfound confidence in all the students broke the board almost by itself. After a final short





theory unit, all the evaluated passed the exam. It is always difficult to face the unknown, even in the first exam at Tang Soo Do. It's okay to show respect and uncertainty, but you don't have to be scared!

The ways and methods that were necessary to convince all examinees in this situation to gather in the exam make me feel positive about the family cohesion in a club to be the key to giving doubters a piece of faith in themselves. After the test, you could look at three luminous and one radiant face, which makes me very proud as an instructor.

So, you should never push anyone through a door, but rather go ahead and reach out your hand to be a role model to those who doubt themselves. The human aspect of all this sports and all the art should not be neglected.

Stefan Walter, E Dan, TSD Menzelen/Germany

### **Master's Clinic, Blackbelt Clinic and TGTSDA European Championship 2022 in Neufahrn**

Neufahrn was again chosen to be the host of this year's TGTSDA Master's clinic, Black Belt clinic and European Championship 2022 between Tuesday, June 14 and Saturday, June 18, 2022. The fantastic location makes it easy for participants from all over the world to attend the great events. Close to Munich airport, easily reachable by plane, train and car and equipped with gyms in various sizes as well as close by accommodation, makes Neufahrn an ideal spot.

#### **Master's Clinic and TGTSDA country assembly**

Masters, Sam Dans and selected Blackbelts from the Netherlands, Switzerland, Germany, France, Greece, Sweden, the USA, the United Kingdom and Indonesia attended the three-day master's clinic to learn from each other and share their knowledge and friendship.

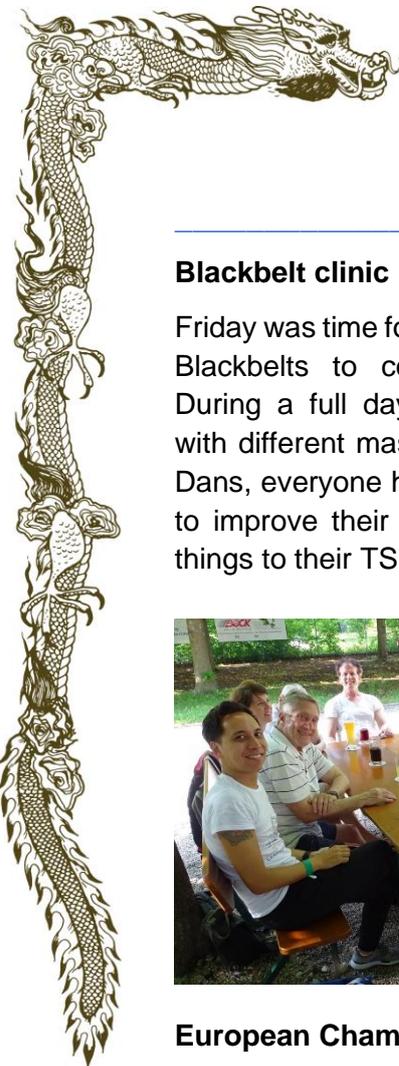
New forms, advanced self-defence, weapons and techniques from other martial arts were just a few topics to be taught during the clinic. The evenings were filled with lectures that reached from legal and health subjects over the essence of being a master to a long discussion about appropriate language and behaviour in sports.

Master Trogemann was leading the annual meeting of the TGTSDA's extended board and the country representatives where the responsible for the different resorts of the TGTSDA



presented their work of the past year, and the new statutes of the TGTSDA were accepted.

The highlight for the candidates during the clinic was for sure the master's test at the last evening of the clinic. All their physical and mental skills were required to show not only their technical skills but also their perseverance during a demanding and challenging evening.



**Blackbelt clinic**

Friday was time for the TGTSDA Blackbelts to come together. During a full day of practicing with different masters and Sam Dans, everyone has the chance to improve their skills and add things to their TSD knowledge.



For both, the master's clinic as well as the Black Belt clinic I would like to highlight the friendship and comradery that was constantly present and palpable. Helping, motivating and supporting each other during the clinic and the test, as well as the friendly and harmonious atmosphere during joined lunches and dinners, is a constant reminder of the great values we share within our TSD family.

**European Championship**

And what an event we had! Participants from Germany, Switzerland, France, the United Kingdom, the USA, Indonesia, the Netherlands, Sweden and Greece celebrated our wonderful art of Tang Soo Do on Saturday, June 18.

As a guest of honour, Master Trogemann welcomed GM Dominick Giacobbe from the USA and Master Rickard Suijker from the Netherlands.

The event started with the promotion of six Master candidates to 4th Dan Masters and four 4th Dan Masters to 5th Dan Masters by International Senior Master Klaus Trogemann. Congratulations on this outstanding achievement!

The team forms and creativity competition followed the promotion ceremony with four teams performing in these disciplines. Black Belt and colour belt divisions where then competing in weapon forms, open hand forms and sparring, showing excellent skills, sportsmanship, and spirit. In the spectacular breaking competition, the participants demonstrated their skills and creativity. Finally the female and male Gup and Dan Champions where announced.



Congratulations to all participants and medallists!

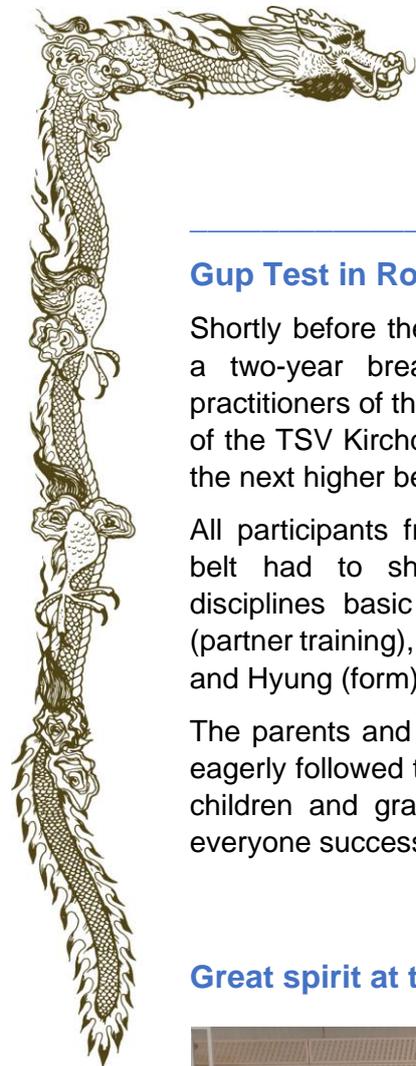
A huge thank you goes to Master Trogemann who once more organised a fantastic event and the team of TSD Neufahrn and their instructor Alexander Schmid as well as all the other helpers in the background for facilitating and supporting such a memorable event.



The most important thing all participants were able to take home no matter what, was the opportunity to learn from each other, to have fun with each other, to meet old friends and make new friends, and make memories for life. Tang Soo!

Tatjana Schwarz, E Dan, Bulsajo TSD, Germany





### **Gup Test in Rottal/Inn**

Shortly before the summer holidays, after a two-year break, the Tang Soo Do practitioners of the martial arts department of the TSV Kirchdorf passed the exam for the next higher belt.

All participants from white belt to brown belt had to show their skills in the disciplines basic techniques, Il Soo Sik (partner training), Ho Sin Sul (self-defence) and Hyung (form).

The parents and family members present eagerly followed the performances of their children and grandchildren and watched everyone successfully passing the grading. Congratulations everyone!



Jo Kandlbinder, Sam Dan, TSD Rottal/Inn/Germany

### **Great spirit at the Blackbelt grading in Munich**



The Blackbelt grading this year took place September 10 in Solln/Germany.

From 1st Gups (Red Belts) testing for Cho Dan Bo (Blue Belt) to E Dans (2nd Dan) testing for Sam Dan (3rd Dan), everyone was giving their very best.

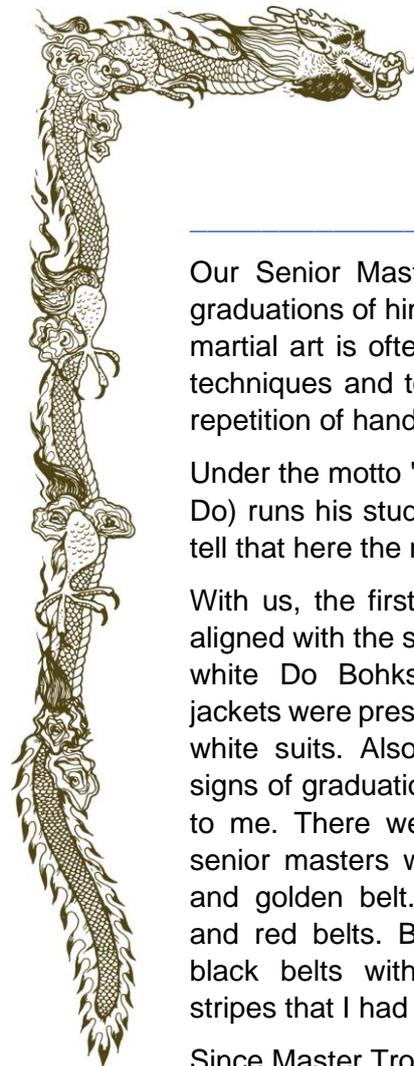
Master Klaus Trogemann was overseeing the grading, Master Jan De-Vry, Master Gerold Engenhorst, Master Johann Grimmer, Master Thomas Krause and Master Achim Brall observed the examinees as the responsible board for that special day. The grading was conducted by Thomas Schromm, Christian Fasold and Alexandre Bernard who did a great job, making it possible for the participants to show their technical and mental skills.

Master Klaus Trogemann was overseeing the grading, Master Jan De-Vry, Master Gerold Engenhorst, Master Johann Grimmer, Master Thomas Krause and Master Achim Brall observed the

Tatjana Schwarz, E Dan, Bulsajo TSD/Germany

### **Historic Hapkido Clinic in Darmstadt/Germany**

Led by Senior Grandmaster Massan Ghorbani (10th Dan) and Master Benjamin Billmann (6th Dan) martial artists were called to a "Founder Clinic Hapkido" in the centre of Europe. For this purpose, the founder of Sin Moo Hapkido, Ji Han Jae, appeared and should teach in Europe for the last time in his life. Therefore, many grandmasters, masters and higher Dan bearers of Hapkido gathered from September 30 to October 2 at this unique event in the studio of Master Billmann in Darmstadt. Representatives from Sweden, Norway, Lithuania, the Netherlands, Belgium, France, Switzerland, Austria, Germany, and even Croatia came together. I was very impressed.



Our Senior Master Trogemann is a personal student of Ji Han Jae and received all master graduations of him personally. In Master Trogemann's studio in Esting and in the studio in Solln this martial art is often inserted and trained. For my master, it should be a possibility to refresh techniques and to deepen his contacts. For me, it was a view into the world of self-defense and repetition of hand and foot techniques.

Under the motto "Martial Arts for Life", Benjamin Billmann (6th Dan Hapkido and 1st Dan Tang Soo Do) runs his studio in Darmstadt, which cleanliness and order stands out when entering. You can tell that here the martial art is held very high, everything is very professional.

With us, the first participants arrived. Immediately I noticed the variety of uniforms, which were aligned with the style. There were completely grey uniforms, complete black fabrics, even black and white Do Bohks. Grey chequered jackets were presented, but also plain white suits. Also, the most diverse signs of graduations were interesting to me. There were uniforms of the senior masters with a golden collar and golden belt. There were black and red belts. But there were also black belts with so many golden stripes that I had to count them.



Since Master Trogemann and I deliberately kept ourselves in the background, we were also able to observe the etiquette. Some things, as we know it from Tang Soo Do, was rather casual handled or was simply not there. But it's after all also another martial art.

After a first hesitant get to know each other, it became quiet. The 86-year-old Do Ju Nim Ji Han Jae, who founded the Hapkido Association in 1965 and developed the Sin Moo Hapkido after 1979, actually arrived. Immediately there was applause, then a short welcome and a speech. While his wife sat down on a sofa, the Grandmaster stood there, looked into the rows and smiled. This little grey-haired man who was a student of Hap Ki Do founder Choi Yong-Sul until 1986, waved Grandmaster Ghorbani to join him, and then began the training.

Once again, I was pleasantly surprised. Despite his age, he showed a lot of hand, elbow and shoulder levers, throwing, jumping and other techniques. In the meantime, he simply put his cane away and was very convincing at his demonstration of various techniques. Each time after three to five techniques, we only had a short time to practice them. exercise. The first day passed quite quickly.

In the evening we met at a local pizzeria, an insider tip from Mr Billmann. And he was right, the Kitchen was excellent.

On Saturday there were 6 hours of Hapkido. We recognised some things and repeated the techniques, other things were completely new territory for me. Still very interesting. Free according to the motto: "You can also learn something from watching", I tried to keep up. I must admit that at some point I lost track. The joints hurt more and more, but we tried to keep up. At the "Tornado" technique we smiled at each other and knew we had to be careful with our shoulders and bones. The day just flew by.

Before we changed, we all gathered, and many participants presented gifts to the founder. The Dutch and Austrian Masters has a spectacular award prepared. With a certificate, a glass trophy and a pin,



they officially announced that from now on Ji Han Jae was also inducted into the "Hall of Fame" of the great martial artists.



The third day started with breathing exercises and Qi Gong, for me partly new territory, partly repetition. Then knives and the short bong were used. Even for experienced fighters a heavier load. At the end we practiced some Ji Pangi-like techniques with the cane. Not so easy for spatial reasons with so many participants.

I would like to thank the organiser of this unique event, Benjamin Billmann, personally. He and his team stayed in the background all the time; however they were always present and well organised. It was a very interesting and educational weekend.

Oliver Stahl, Cho Dan, TSD Neufahrn/Germany

### **Note and Request of the Treasurer to the Members**

Dear members,

it is five years since I took over the bookkeeping of the DTSDV e.V. and I have noticed that the quality of remittances from members or studios, no matter for what purpose, has become extremely poor.

1. The money is very often transferred to the wrong accounts, although the official invitations clearly state to which account the money should be transferred.
2. With a few exceptions, the studios do not consider it necessary, when transferring the proportional Gup fees, to prove the amount to be transferred with corresponding lists of participants, e.g., type of examination such as Samurang Kids, Gup grade, new registration, so that the treasurer can trace the correctness of the amounts. These lists could be sent to me via e-mail at the same time, to save me the work of requesting them individually.
3. Parents of TSD students are frequently transferring outstanding fees without mentioning the subject of the transfer. Please make your students aware of this.
4. Concerning the Instructor-, Judge- and Dan-membership I would like to point out that these fees are a debt to be brought and not a debt to be fetched! It is unacceptable how much time the treasurer has to spend on this activity.

Finally, may I remind you that the function of treasurer is an honorary function and takes up a lot of free time. We are happy to do this work because our focus is on moving the association forward. Additionally, we have a duty to work correctly with our members' money and also towards the tax office.

We thank you for your understanding and look forward to your continued correct support in this matter!

Leonidas Kalojanidis, DTSDV treasurer



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**PLEASE NOTE**

The **TGTSDA newsletter** will be published periodically.  
Please send text contributions and photos for the newsletter via mail to  
[Klaus.Trogemann@tgtsda.com](mailto:Klaus.Trogemann@tgtsda.com).

For more information about upcoming **TGTSDA events** please go to [www.tgtsda.com](http://www.tgtsda.com).

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Klaus Trogemann, TGTSDA editorial team